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**Adolescent/Child Demographic Information and History  
(to be completed with parent/guardian)**

**Date of Initial Contact** \_\_\_\_\_ **Date of Initial Session** \_\_\_\_\_

**Client Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_ **OK to send mail to address?** \_\_\_\_\_

**Telephone Contact Numbers**

Home: _____	Leave Message? _____
Cell: _____	Leave Message? _____
Email: _____	
<b>Emergency Contact Numbers:</b>	
Relative: _____	
Relative: _____	
Friend: _____	
Professional (MD, Therapist, etc.) _____	
Other: _____	

**Referred by:** \_\_\_\_\_

**School**

Grade: _____
School Name: _____
Address: _____
Guidance Counselor _____
Telephone Number: _____ Contact? _____

Attorney/Guardian ad Litem: Name, address and phone: \_\_\_\_\_

**Briefly describe your reason for beginning counseling/therapy NOW.**

\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_

**At this time, what would you like to change (i.e., goals for counseling/therapy)?**

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**Living situation:**

- Housing adequate
- Homeless
- Housing overcrowded
- Dependent on others for housing
- Housing dangerous/deteriorating
- Living companions dysfunctional

**Social support system:**

- Supportive network
- Few friends
- Substance-use-based friends
- No friends
- Distant from family of origin

**Academic:**

- In school and satisfied
- In school but dissatisfied
- Not in school
- Peer conflicts
- Teacher conflicts
- Unstable academic history
- Disabled: \_\_\_\_\_

**Financial Situation**

- No current financial problems
- Large indebtedness
- Poverty or below-poverty income
- Impulsive spending
- Relationship conflicts over finances

**Legal history:**

- No legal problems
- Now on parole/probation
- Arrest(s) not substance related
- Arrest(s) substance related
- Ever seriously hurt or killed anyone? \_\_\_\_\_ Ever any desire to seriously hurt or kill someone? \_\_\_\_\_
- This treatment court ordered
- Juvenile Detention \_\_\_\_\_ time(s) Total amount of time in juvenile detention: \_\_\_\_\_
- Describe last legal difficulty \_\_\_\_\_

**Current Symptom Checklist**

**None=This symptom is not present at this time; Mild=Impacts quality of life, but no significant impairment of day-to-day functioning; Moderate=Significant impact on quality of life and/or day-to-day functioning; Severe=Profound impact on quality of life and/or day-to-day functioning:**

Symptom	None	Mild	Moderate	Severe
Depressed Mood				
Appetite Disturbance				
Sleep Disturbance				
Elimination Disturbance				
Fatigue/Low Energy				
Psychomotor Retardation				
Poor Concentration				
Poor Grooming				
Mood Swings				
Agitation				

<b>Symptom</b>	<b>None</b>	<b>Mild</b>	<b>Moderate</b>	<b>Severe</b>
<b>Emotionality</b>				
<b>Irritability</b>				
<b>Generalized Anxiety</b>				
<b>Panic Attacks</b>				
<b>Phobias</b>				
<b>Obsessions/Compulsions</b>				
<b>Binging/Purging</b>				
<b>Laxative/Diuretic Abuse</b>				
<b>Anorexia</b>				
<b>Paranoid Ideation</b>				
<b>Circumstantial Symptoms</b>				
<b>Loose Associations</b>				
<b>Delusions</b>				
<b>Hallucinations</b>				
<b>Aggressive Behaviors</b>				
<b>Conduct Problems</b>				
<b>Oppositional Behavior</b>				
<b>Sexual Dysfunction</b>				
<b>Grief</b>				
<b>Hopelessness</b>				
<b>Social Isolation</b>				
<b>Worthlessness</b>				
<b>Guilt</b>				
<b>Elevated Mood</b>				
<b>Hyperactivity</b>				
<b>Dissociative States</b>				
<b>Somatic Complaints</b>				
<b>Self-Mutilation</b>				
<b>Significant Weight Gain/Loss</b>				
<b>Concomitant Medical Condition</b>				
<b>Emotional Trauma Victim/Survivor</b>				
<b>Physical Trauma Victim/Survivor</b>				
<b>Sexual Trauma Victim/Survivor</b>				

Symptom	None	Mild	Moderate	Severe
Emotional Trauma Perpetrator				
Physical Trauma Perpetrator				
Sexual Trauma Perpetrator				
Substance Abuse				
Other (Specify)				

**Describe the development of the issue that led you to enter counseling/therapy?**

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**How has the issue affected other major life areas? (For example, who has complained, has it interfered with family relationships, social relationships, school, spirituality, led to legal problems or affected your physical health?)**

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**What are your strengths?**

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**What skills do you have?**

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**Cultural/spiritual/recreational history:**

Cultural identity (e.g., ethnicity, religion) \_\_\_\_\_

Describe any cultural issues that contribute to current problem \_\_\_\_\_

Currently active in community/recreational activities?  Yes  No

Formerly active in community/recreational activities?  Yes  No

Currently engaged in hobbies?  Yes  No

Currently participate in spiritual activities?  Yes  No

Name: \_\_\_\_\_

Name: \_\_\_\_\_

**What do you like to do in your spare time?**

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**Support System (Who supports or helps you? How?)**

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**What values and beliefs are important to you?**

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**Medical History:**

**Describe current physical health:**    Good    Fair    Poor

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**List name of primary care physician (include address and phone number)**

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**List name of psychiatrist (if any) (include address and phone number)**

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**List any known allergies:**

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**List all current medication and dosage (Include over-the-counter medications & vitamins):**

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**List all previous medication and dosage not listed above:** \_\_\_\_\_

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Name: \_\_\_\_\_

**Summary of Prior Psychotherapy:**  
(Inpatient and Outpatient; Psychiatric, Emotional and/or substance use disorder; Include provider name, title; Dates, duration & frequency of therapy; Reason for seeking treatment; What kind of therapy; Was it helpful; and Did you have any negative reactions?)

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**Any family member have outpatient therapy?**

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**Has any family member used medications for emotional/psychological issues? If yes, list:**

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**Describe any serious hospitalizations or accidents (include date, age, reason):**

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**List any abnormal lab test results (include date and age)**

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Name: \_\_\_\_\_

**Medical History of Family:**

Is there a history of any of the following for you or your immediate family members (initial: S=Self, M=Mother, F=Father, SP=Step Parent, SB=Sister or Brother, GP=Grandparent, O=Other):

- Tuberculosis
- High Blood Pressure
- Birth Defects
- Behavior Problems
- Thyroid Problems
- Cancer
- Mental Retardation
- Other \_\_\_\_\_
- Heart Disease
- Emotional Problems
- Alcoholism
- Drug Abuse
- Diabetes
- Alzheimer's Disease/Dementia
- Stroke

**SUBSTANCE USE HISTORY**

**Substance use status:**

- No history of abuse
- Active abuse
- Early Full Remission
- Early Partial Remission
- Sustained Full Remission
- Sustained Partial Remission

**Treatment History**

- Outpatient (age/s) \_\_\_\_\_
- Inpatient (age/s) \_\_\_\_\_
- 12 Step Programs (age/s) \_\_\_\_\_
- Stopped on own (age/s) \_\_\_\_\_
- Other (age/s) \_\_\_\_\_

**Consequences of Substance Abuse (Check all that apply):**

- Hangovers
- Medical Conditions
- Tolerance Changes
- Relationship Conflict
- Other \_\_\_\_\_
- Binges
- Seizures
- Blackouts
- Overdose
- Sleep Disturbance
- Assaults
- Suicidal Impulse
- Loss of Control of Amount Used
- Withdrawal Symptoms
- Job Loss
- Arrests

**Check Substance(s) used and complete all that apply in chart**

	First Use Age	Last Use Age	Current Use Yes/No	Frequency	Amount
<input type="checkbox"/> Alcohol					
<input type="checkbox"/> Amphetamine/speed					
<input type="checkbox"/> Barbiturates/downers					
<input type="checkbox"/> Caffeine					
<input type="checkbox"/> Cocaine					
<input type="checkbox"/> Crack Cocaine					

<input type="checkbox"/> Ecstasy					
<input type="checkbox"/> Hallucinogens (e.g., LSD)					
<input type="checkbox"/> Inhalants (e.g., glue, gas)					
<input type="checkbox"/> Marijuana or hashish					
<input type="checkbox"/> Methamphetamine					
<input type="checkbox"/> Nicotine/cigarettes					
<input type="checkbox"/> PCP					
<input type="checkbox"/> Prescription _____					
<input type="checkbox"/> Prescription _____					
<input type="checkbox"/> Prescription _____					
<input type="checkbox"/> Prescription _____					
<input type="checkbox"/> Other _____					
<input type="checkbox"/> Other _____					

**Sexual History:**

- Heterosexual orientation
- Homosexual orientation
- Bisexual orientation
- Currently sexually active
- History of unsafe sex age \_\_\_\_ to \_\_\_\_
- Additional information \_\_\_\_\_
- Currently sexually dissatisfied
- Age first sex experience \_\_\_\_\_
- Age first pregnancy/fatherhood \_\_\_\_\_
- History of promiscuity age \_\_\_\_ to \_\_\_\_
- Currently sexually satisfied

**Any other sexual experiences, problems or concerns?**

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Name: \_\_\_\_\_



Name: \_\_\_\_\_

**FAMILY:**

List all persons currently living with you (include name, age, sex and relationship to you)

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List any biological parents, brothers and sisters not living in the same household as you (include name, age, sex and relationship to you)

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Frequency of visitation of above: \_\_\_\_\_

	Present During Childhood	Present Part of Childhood	Not Present At All
Mother			
Father			
Stepmother			
Stepfather			
Brother(s)			
Sister(s)			
Other (specify)			

**Biological Father**

Full Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Education: \_\_\_\_\_

General Health: \_\_\_\_\_

**Biological Mother**

Full Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Education: \_\_\_\_\_

General Health: \_\_\_\_\_

Name: \_\_\_\_\_

**Other Primary Care-Giver (e.g., step-parents, nanny, etc.)**

Full Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Education: \_\_\_\_\_

General Health: \_\_\_\_\_

**Other Primary Care-Giver (e.g., step-parents, nanny, etc.)**

Full Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Education: \_\_\_\_\_

General Health: \_\_\_\_\_

**Briefly describe your relationship with your biological father. Do you feel close to him?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Briefly describe your relationship with your biological mother. Do you feel close to her?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Briefly describe your relationship with your other primary care givers. Do you feel close to them?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Briefly describe your relationship with your brothers and sisters. Do you feel close to them?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Parents current marital status:**

- Married to each other
- Separated for \_\_\_\_\_ years
- Divorced for \_\_\_\_\_ years
- Mother remarried \_\_\_\_\_ times
- Father remarried \_\_\_\_\_ times
- Mother involved with someone
- Father involved with someone
- Mother deceased \_\_\_\_\_ years  
Your age at mother's death \_\_\_\_\_
- Father deceased \_\_\_\_\_ years  
Your age at father's death \_\_\_\_\_

**Describe your family experience:**

- Outstanding home environment
- Normal home environment
- Chaotic home environment
- Witnessed physical/verbal/sexual abuse toward  
\_\_\_\_\_  
\_\_\_\_\_
- Experienced physical/verbal/sexual abuse from  
\_\_\_\_\_  
\_\_\_\_\_

**Age of emancipation from home:** \_\_\_\_\_ **Circumstances:** \_\_\_\_\_

\_\_\_\_\_

Name: \_\_\_\_\_

**YOUR DEVELOPMENTAL HISTORY:**

**During your infancy did you experience:**

- Feeding problems
- Sleep problems
- Toilet Training Problems

**Your Childhood Health:**

- |   |   |
|---|---|
| <input type="checkbox"/> Chickenpox (age _____)                 | <input type="checkbox"/> Lead Poisoning (age _____) |
| <input type="checkbox"/> German Measles (age _____)             | <input type="checkbox"/> Mumps (age _____)          |
| <input type="checkbox"/> Red Measles (age _____)                | <input type="checkbox"/> Diphtheria (age _____)     |
| <input type="checkbox"/> Rheumatic fever (age _____)            | <input type="checkbox"/> Poliomyelitis (age _____)  |
| <input type="checkbox"/> Whooping Cough (age _____)             | <input type="checkbox"/> Pneumonia (age _____)      |
| <input type="checkbox"/> Scarlet Fever (age _____)              | <input type="checkbox"/> Tuberculosis (age _____)   |
| <input type="checkbox"/> Autism                                 | <input type="checkbox"/> Mental Retardation         |
| <input type="checkbox"/> Ear Infections                         | <input type="checkbox"/> Asthma                     |
| <input type="checkbox"/> Allergies to _____                     |   |
| <input type="checkbox"/> Chronic, serious health problems _____ |   |

**Any Delayed Developmental Milestones (Check only those milestones that did not occur at expected age)**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Sitting               | <input type="checkbox"/> Rolling Over    | <input type="checkbox"/> Standing           | <input type="checkbox"/> Walking               |
| <input type="checkbox"/> Feeding Self          | <input type="checkbox"/> Speaking Words  | <input type="checkbox"/> Speaking Sentences | <input type="checkbox"/> Controlling Bladder   |
| <input type="checkbox"/> Controlling Bowels    | <input type="checkbox"/> Sleeping Alone  | <input type="checkbox"/> Dressing Self      | <input type="checkbox"/> Engaging Peers        |
| <input type="checkbox"/> Tolerating Separation | <input type="checkbox"/> Riding tricycle | <input type="checkbox"/> Riding Bicycle     | <input type="checkbox"/> Playing Cooperatively |

**Your Social Interaction (Check all that apply)**

- Normal social interaction
- Isolates self
- Very shy
- Alienates self
- Dominates others
- Associates with acting out peers
- Other \_\_\_\_\_

**Your Intellectual/Academic Functioning (Check all that apply)**

- Normal Intelligence
  - High Intelligence
  - Learning Problems
  - Mild retardation
  - Moderate retardation
  - Severe retardation
  - Authority conflicts
  - Attention problems
  - Underachieving
- Current or highest educational level \_\_\_\_\_

**Any Emotional or Behavior Problems (Check all that apply):**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Drug Use           | <input type="checkbox"/> Repeats words of others | <input type="checkbox"/> Distrustful         |
| <input type="checkbox"/> Alcohol Abuse      | <input type="checkbox"/> Not trustworthy         | <input type="checkbox"/> Extreme worrier     |
| <input type="checkbox"/> Chronic lying      | <input type="checkbox"/> Hostile/angry mood      | <input type="checkbox"/> Self-injurious acts |
| <input type="checkbox"/> Stealing           | <input type="checkbox"/> Indecisive              | <input type="checkbox"/> Impulsive           |
| <input type="checkbox"/> Violent temper     | <input type="checkbox"/> Immature                | <input type="checkbox"/> Easily distracted   |
| <input type="checkbox"/> Fire-setting       | <input type="checkbox"/> Bizarre behavior        | <input type="checkbox"/> Poor concentration  |
| <input type="checkbox"/> Hyperactive        | <input type="checkbox"/> Self-injurious threats  | <input type="checkbox"/> Often sad           |
| <input type="checkbox"/> Animal cruelty     | <input type="checkbox"/> Frequently tearful      | <input type="checkbox"/> Breaks things       |
| <input type="checkbox"/> Assaults others    | <input type="checkbox"/> Frequently daydreams    | <input type="checkbox"/> Disobedient         |
| <input type="checkbox"/> Lack of attachment | <input type="checkbox"/> Other: _____            |  |

**Describe any other developmental problems or issues:**

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**Briefly describe your relationship with teachers, police or other authority figures.**

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Name: \_\_\_\_\_

**How do you do in school? Do you have friends? Are you involved in activities? Are you motivated and hard working? Do you get into trouble or cut classes?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Behavioral Health Insurance Information**

Insurance Company: \_\_\_\_\_

Address of Insurance Company: \_\_\_\_\_

Company Telephone#: \_\_\_\_\_ Fax# \_\_\_\_\_

Policy Holder: \_\_\_\_\_

Policy Holders Date of Birth: \_\_\_\_\_ SS# \_\_\_\_\_

Policy Holders Driver's License: \_\_\_\_\_

Identification Number: \_\_\_\_\_

Group Number: \_\_\_\_\_

Name of Responsible Party \_\_\_\_\_

Client's SS# \_\_\_\_\_